**Directions to Market Decisions Research:**

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**From the South:**

* Take I-95/Maine Turnpike North.
* Take Exit 44 onto I-295 to Portland – you will have to pay a toll.
* Take Exit 7 (Franklin Street) off I-295 – this will put you on Franklin Arterial.
* Follow Franklin Arterial through 2 traffic lights.
* At the third light, take a left onto Cumberland Avenue and make sure to stay in the right hand lane.
* Follow Cumberland Avenue for 0.2 miles.
* Take a left onto Washington Avenue.
* After 0.2 miles you will see our building on the right hand side. Our address is 75 Washington Avenue – in the old J.J. Nissen Bakery Building, a three story brick building. (You will see “Goodwill” up at the top of building.)
* **You can park anywhere in the parking lot adjacent to our building AFTER 5:00 pm (ignore the signs for other businesses**). If there is not a spot available, please park on the side of street or you can park in a satellite lot just down the street from our building. This lot is 100 feet beyond Market Decisions’ building, towards I-295. It is located at 107 Washington Avenue and surrounds a brick “State of Maine” building.
* Go through the front door **OF THE SECOND FLOOR** (there is a blue awning overhead) and our office is the first door on the left (Suite 206) – glass doors.

**From the North:**

* Take I-295 to Portland.
* Take Exit 8 - Washington Avenue.
* Our building is approximately 0.7 miles down Washington Ave on the left hand side. Our address is 75 Washington Avenue - in the old J.J. Nissen Bakery Building, a three story brick building. (You will see “Goodwill” up at the top of building.)
* **You can park anywhere in the parking lot adjacent to our building AFTER 5:00 pm (ignore the signs for other businesses**). If there is not a spot available, please park on the side of street or you can park in a satellite lot just down the street from our building. This lot is 100 feet beyond Market Decisions’ building, towards I-295. It is located at 107 Washington Avenue and surrounds a brick “State of Maine” building.
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**From the Portland Jetport:**

* Make a right coming out of the airport onto Outer Congress Street.
* Follow Congress Street for 2 miles, through six traffic lights.
* After the sixth traffic light, bear right onto the I-295 North entry ramp (Falmouth).
* Take Exit 7 (Franklin Street) off I-295– this will put you on Franklin Arterial.
* Follow Franklin Arterial through 2 traffic lights.
* At the third light, take a left onto Cumberland Avenue and make sure to stay in the right hand lane.
* Follow Cumberland Avenue for 0.2 miles.
* Take a left onto Washington Avenue.
* After 0.2 miles you will see our building on the right hand side. Our address is 75 Washington Avenue – in the old J.J. Nissen Bakery Building, a three story brick building. (You will see “Goodwill” up at the top of building.)
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Lost? Call 207-767-6440 x107